



MONDAY



BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee
(Nestomalt Viva/ Nescafe)

BREAKFAST

Milk Rice, Steamed Rice (Red & White) Katta Sambal, Fish Ambulthiyal, Brinjal Curry Or Sliced Bread with choice of Egg dishes (Soft boiled/ Hard boiled/ Fried), Butter & Jam

Oatmeal/ Cornflakes/ Cereal with Fresh Milk/Kola Kanda Dessert - Seasonal Fruits

MORNING TEA-TIME

Tea, Milk Tea or Fruit Juice served with crackers (Milky Rusk/Kurakkan Rusk)

LUNCH

Steamed Rice (Red, White), Fried Rice 2 Vegetable Curries, Chicken Curry, Fish Curry, Mallum Vegetable Salad Dessert - Ice Cream (Vanilla, Chocolate, Strawberry), OR Seasonal Fruits



AFTERNOON TEA-TIME

Tea or Milk Tea served with Biscuits

DINNER

Hoppers, Egg Hoppers served with Katta Sambal OR Sliced Bread with choice of Egg dishes (Soft Boiled/ Hard Boiled/ Fried), Butter & Jam Or Steamed Rice (Red, White) Tempered Potatoes, Soya Meat Curry, Boiled Egg/ Fried Egg Vegetable Soup Dessert - Seasonal Fruits



😻 Only For Platinum Packages 👘









BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee



Steamed Manioc/ Sweet Potato, Steamed Rice (Red/ White) Katta Sambal, Grated Coconut, Sprats Tempered. Or

Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam

Oatmeal/Cornflakes/Cereal with fresh milk/Kola Kanda Dessert - Seasonal Fruits

MORNING TEA - TIME

Tea, Milk Tea or Fruit Juice served with crackers (Milky Rusk/Kurakkan Rusk)

LUNCH

Steamed Rice (Red/White), Fried Rice 2 Vegetable curries, Chicken Kuruma, Fish Curry, Mallum Cucumber Salad Dessert - Yogurt/Seasonal fruits

AFTERNOON TEA - TIME

Tea or Milk Tea served with Vegetable or Fish Cutlets

DINNER

Boiled Vegetables/Sausages/BBQ Chicken with choice of Egg dishes (Soft boiled/Hard boiled/Fried) and Sliced Bread with Butter & Jam or

Grilled Seer fish/Vegetable Soup Dessert - Seasonal fruits



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WEDNESDAY

BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee 🚸 (Nestomalt Viva / Nescafe)

BREAKFAST

Noodles served with Egg Curry and Seeni Sambal Or

Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam

Oatmeal/Cornflakes/Cereal with fresh milk/Kola Kanda Dessert-Seasonal Fruits

MORNING TEA - TIME

Tea, Milk Tea or Fruit Juice served with crackers (Milky Rusk/Kurakkan Rusk)

LUNCH

Steamed Rice (Red/White), Fried Rice Fried Chicken, Fried Fish, Dhal Curry, Mango Chutney, Vegetable Salad, Papadam Dessert - Fruit Salad/Ice Cream

AFTERNOON TEA - TIME

Tea or Milk Tea served with Cream Biscuits

DINNER

Kottu Roti (Chicken/Vegetable/Egg) served with Chicken curry and Kiri Hodi Or Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam Vegetable Soup Dessert - Seasonal fruits













THURSDAY



BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee

BREAKFAST

Hoppers, Egg Hoppers, Steamed Rice (Red/White) Seeni sambal and Tempered Potatoes Or

Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam

Oatmeal/Cornflakes/Cereal with fresh milk/Kola Kanda Dessert - Seasonal Fruits

MORNING TEA - TIME

Tea, Milk Tea or Fruit Juice served with crackers (Milky Rusk/Kurakkan Rusk)

LUNCH

Steamed Rice (Red/White), Fried Rice 2 vegetable curries, Chicken Black Curry, Fish Curry, Mallum, Vegetable Salad Dessert - Jelly/Ice cream/Seasonal fruits

AFTERNOON TEA - TIME

Tea or Milk Tea served with Cream Bun

DINNER

Fish Roti, Vegetable Roti, Steamed Rice served with potato Curry Or

Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam **Vegetable Soup**

Dessert - Seasonal Fruits









FRIDAY



BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee



BREAKFAST

String hoppers (Red/White) with Dhal Curry and Coconut Sambal

Or

Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam

Oats / Corn flakes / Ceareal with fresh milk / Kola Kanda Dessert - Seasonal Fruits

MORNING TEA - TIME

Tea, Milk Tea or Fruit Juice served with crackers (Milky Rusk/Kurakkan Rusk)

LUNCH

Steamed Rice (Red/White), Fried Rice 2 Vegetable Curries, Chicken Curry, Fish Curry, Mallum, Vegetable Salad Dessert - Vanilla, Chocolate or Strawberry Ice cream/Seasonal fruits

AFTERNOON TEA - TIME

Tea or Milk Tea served with Tea Bun

DINNER

Pol Roti, Steamed Rice (White) Dhal Curry, Tin fish Curry, Katta Sambal Or Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam Vegetable Soup

Dessert -v Seasonal Fruits



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SATURDAY

BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee





Steamed Rice (Red/White) Boiled Egg, Potato Curry, Coconut Sambal Or Sliced Bread with Butter & Jam Dessert - Seasonal Fruits

MORNING TEA - TIME

Tea, Milk Tea or Fruit Juice served with crackers (Milky Rusk/Kurakkan Rusk)

LUNCH

Steamed Rice (Red/White), Fried Rice 2 Vegetable Curries, Chicken Curry, Fish Curry, Mallum,Papadam Dessert - Fruit Salad/Ice Cream



AFTERNOON TEA - TIME

Tea or Milk Tea served with Biscuits

DINNER

Macaroni, Noodles, Steamed Rice (White) Chicken Curry, Fish Curry, Dhal Curry, Coconut Sambal Or Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam

Vegetable Soup Dessert - Seasonal fruits



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Terms and Conditions Applied.









BED TEA

Choice of Tea/ Milk Tea/ Coffee or Milk Coffee



BREAKFAST

Tempered Chickpea, Steamed Rice (Red/White) with Grated Coconut, Soya meat Curry, Coconut Sambal Or

Sliced Bread with choice of Egg dishes (Soft boiled/Hard boiled/Fried), Butter & Jam

Oatmeal/Cornflakes/Cereal with fresh milk/Kola Kanda Dessert - Seasonal Fruits

MORNING TEA - TIME

Tea, Milk Tea or Fruit Juice served with crackers

LUNCH

THUM

Steamed Rice (Red/White), Yellow Rice Devilled Prawns, Potato Curry, Batu Moju, Mango Chutney, Vegetable Salad, Papadam Dessert - Yogurt/Seasonal fruits

AFTERNOON TEA - TIME

Tea or Milk Tea served with Butter Cake



DINNER

String Hoppers (Red/White), Steamed Rice (Red/White) Fish Curry and Pol Mallum Or Sliced Bread with choice of Egg dishes (Soft boiled/Hard

boiled/Fried), Butter & Jam

Vegetable Soup

Dessert - Seasonal Fruits



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CIVIC CREST KITCHEN

Additional food, snacks and beverages are available on request for in-house Guests and Visitors –

Food & beverages available on request -

	*	Теа	Rs.50.00
	.	Milk Tea	Rs.70.00
	*	Nescafe	Rs.90.00
	*	Soft Drink	Rs.50.00
	÷	Kola Kanda	Rs.90.00
)	÷	Extra Curry	Rs.500.00
	*	Extra Desserts	Rs.250.00
	*	Chinese Roll (Chicken/ Fish/ Vegetable)	Rs.80.00
	*	Sandwich with Chips (Chicken/ Tuna/ Egg)	Rs.520.00
	÷	Breakfast	500.00
		Lunch with Desserts	850.00

(Prior booking is required for visitors ordering Breakfast and Lunch)

Note for In-house Guests

To change existing meal plan, please contact designated nursing staff.,

- Before 5.00 am
- Before 9.00 am
- Before 4.00 pm

Additional 15% Service Charges Will be Added
Enjoy Your Stay at Civic Retirement Resort







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